

# English Vowel Chart

(Advancement-Height-Tension)

		Vowel Advancement					
Vowel Height	Front		Central			Back	
High	i eat	ɪ it				u boo	ʊ book
Mid	e ate	ɛ Ed	ə ago	ɜː bird	ɝ better	o goat	ɔ all
Low	æ at		ʌ cut			ɑ mop	

Note: Tense vowels are listed first in blocks that contain two vowels. For central vowels, the tense vowels occur in single syllable words. The front and back low vowels are lax.

English Diphthongs	Centering Diphthongs
aɪ buy	ɪr beard
eɪ play	ɑr car
aʊ house	ɛr hair
oʊ dough	ʊr sure
ɔɪ toy	or four